

**County Health
Rankings & Roadmaps**

Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

2014 *Rankings* Pennsylvania



A collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute.



Support provided by

Robert Wood Johnson Foundation



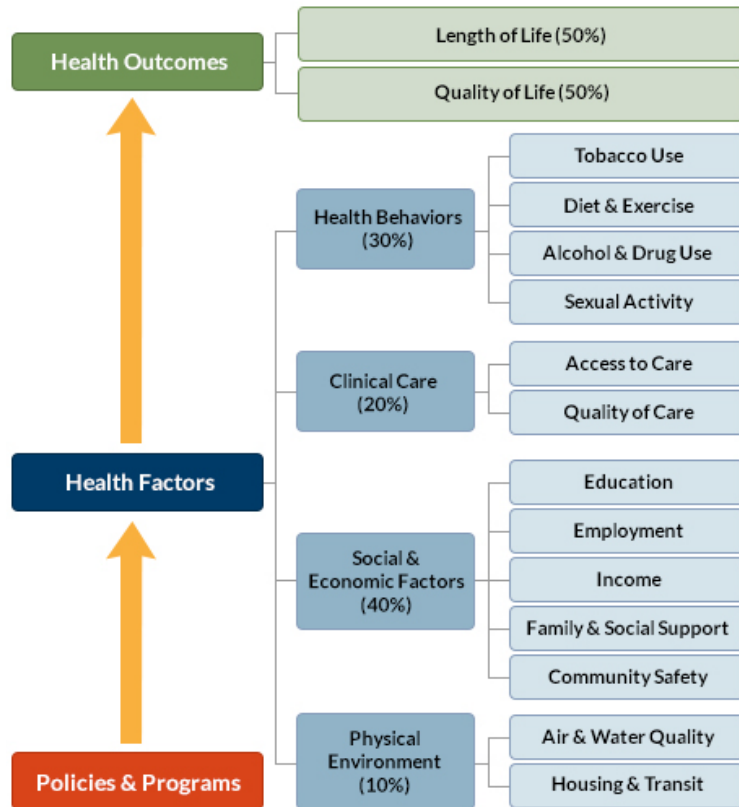
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INTRODUCTION

The *County Health Rankings & Roadmaps* program helps communities identify and implement solutions that make it easier for people to be healthy in their schools, workplaces, and neighborhoods. Ranking the health of nearly every county in the nation, the *County Health Rankings* illustrate *what we know* when it comes to what is making people sick or healthy. The *Roadmaps* show *what we can do* to create healthier places to live, learn, work, and play. The Robert Wood Johnson Foundation (RWJF) collaborates with the University of Wisconsin Population Health Institute (UWPHI) to bring this program to cities, counties, and states across the nation.

WHAT ARE THE COUNTY HEALTH RANKINGS?

The *County Health Rankings* measure the health of nearly every county in the nation. Published online at countyhealthrankings.org, the *Rankings* help counties understand what influences how healthy residents are and how long they will live. The *Rankings* look at a variety of measures that affect health, such as high school graduation rates, access to healthy foods, rates of smoking, obesity, and teen births. Based on data available for each county, the *Rankings* are unique in their ability to measure the overall health of each county in all 50 states. They have been used to garner support for local health improvement initiatives among government agencies, healthcare providers, community organizations, business leaders, policy makers, and the public.



HOW ARE PEOPLE USING THE RANKINGS?

- Ø Highlighting community success
- Ø Identifying root causes of poor health
- Ø Supporting policy change
- Ø Engaging communities in health improvement

For more information, visit countyhealthrankings.org

WHAT ARE THE ROADMAPS TO HEALTH?

The *Roadmaps to Health* help communities bring people together to look at the many factors that influence health, select strategies that work, and make changes that will have a lasting impact. The *Roadmaps* focus on helping communities determine what they can do and what they can learn from others.

What You Can Do

The *Roadmaps to Health* Action Center provides step-by-step guides, tools, and webinars to help groups working to improve the health of their communities. Community Coaches also provide customized consultation to local communities that have demonstrated a willingness to address factors that we know influence health, such as education, income, and community safety.

The Action Center also features *What Works for Health* – a searchable database of evidence-informed policies and programs that can improve health.

Learning From Others

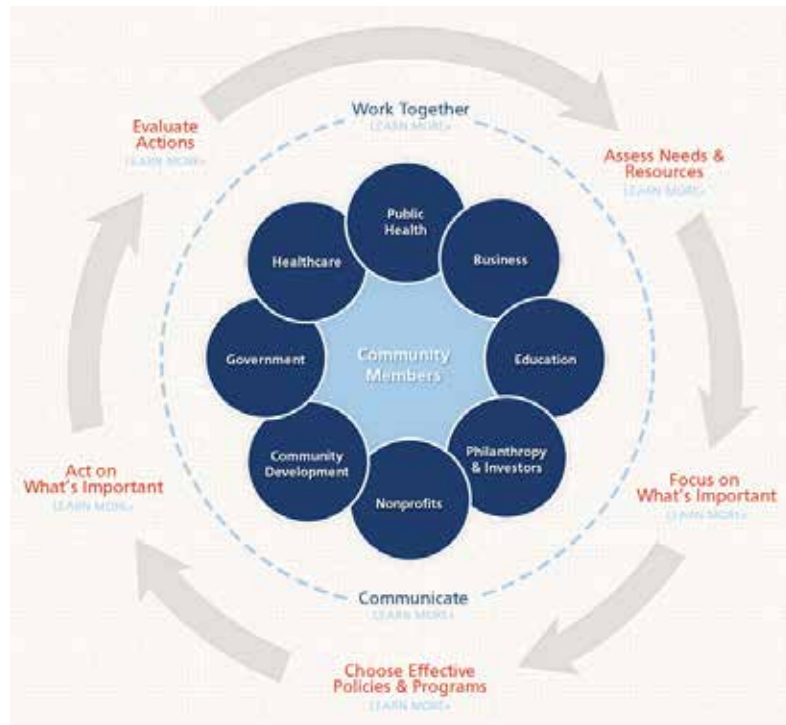
Honoring the efforts of communities working at the forefront of health improvement, the Robert Wood

Johnson Foundation annually awards the *RWJF Culture of Health Prize* to outstanding communities that are working toward better health. The *Prize* recognizes communities with strong and diverse partnerships that are coming together with a shared vision and commitment to address multiple factors that affect health and make lasting changes that create a culture of health for all. Visit countyhealthrankings.org or rwjf.org/prize to learn about the work of past prize winners.

At countyhealthrankings.org, we also feature stories from communities across the nation who have used data from the *County Health Rankings* or have engaged in strategies to improve health. For example, you can learn from the successes and challenges of the 30 *Roadmaps to Health* Community Grantees. These grantees are working to create positive policy or systems changes that address social and economic factors that influence how healthy people are and how long they live, such as education and community safety. You might also want to contact your local affiliate of United Way Worldwide, the National Business Coalition on Health, or the National Association of Counties - their national parent organizations have partnered with us to raise awareness and stimulate action to improve health in their local members' communities.

How can you get involved?

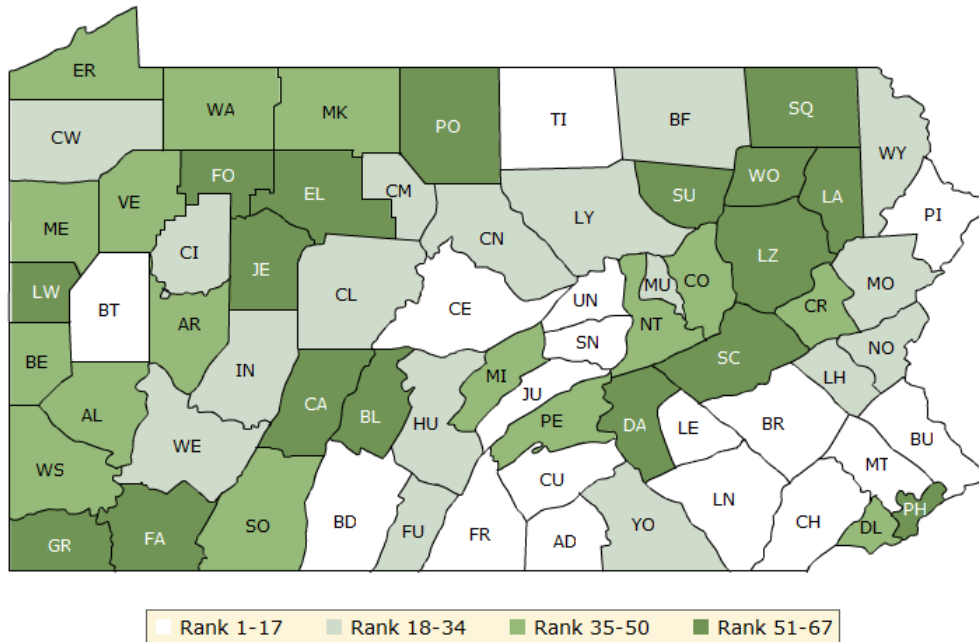
In communities large and small, people from all walks of life are taking ownership and action to improve health. Visit countyhealthrankings.org to get ideas and guidance on how you can take action in your community. Working with others, you can improve the health of your community.



The green map below shows the distribution of Pennsylvania's **health outcomes**, based on an equal weighting of length and quality of life.

Lighter colors indicate better performance in the respective summary rankings. Detailed information on the underlying measures is available on our web site.

HEALTH OUTCOMES RANKS

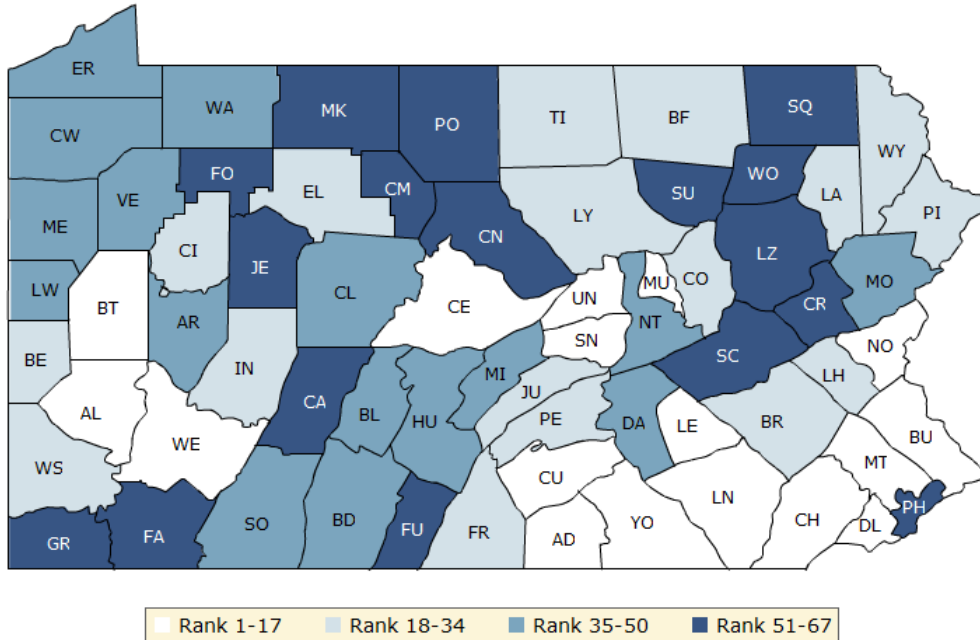


County	Rank	County	Rank	County	Rank	County	Rank
Adams	13	Clinton	22	Lackawanna	56	Pike	11
Allegheny	40	Columbia	42	Lancaster	9	Potter	59
Armstrong	36	Crawford	31	Lawrence	58	Schuylkill	53
Beaver	43	Cumberland	4	Lebanon	12	Snyder	6
Bedford	17	Dauphin	52	Lehigh	19	Somerset	38
Berks	16	Delaware	41	Luzerne	57	Sullivan	63
Blair	51	Elk	62	Lycoming	20	Susquehanna	55
Bradford	26	Erie	50	McKean	47	Tioga	14
Bucks	10	Fayette	65	Mercer	48	Union	1
Butler	8	Forest	66	Mifflin	39	Venango	45
Cambria	60	Franklin	15	Monroe	30	Warren	46
Cameron	34	Fulton	27	Montgomery	5	Washington	37
Carbon	49	Greene	64	Montour	28	Wayne	29
Centre	3	Huntingdon	25	Northampton	21	Westmoreland	23
Chester	2	Indiana	32	Northumberland	35	Wyoming	54
Clarion	24	Jefferson	61	Perry	44	York	18
Clearfield	33	Juniata	7	Philadelphia	67		

The blue map displays Pennsylvania's summary ranks for **health factors**, based on weighted scores for health behaviors, clinical care, social and economic factors, and the physical environment.

Lighter colors indicate better performance in the respective summary rankings. Detailed information on the underlying measures is available on our web site.

HEALTH FACTORS RANKS



County	Rank	County	Rank	County	Rank	County	Rank
Adams	11	Clinton	53	Lackawanna	29	Pike	26
Allegheny	15	Columbia	28	Lancaster	8	Potter	52
Armstrong	41	Crawford	42	Lawrence	44	Schuylkill	59
Beaver	34	Cumberland	4	Lebanon	10	Snyder	16
Bedford	40	Dauphin	37	Lehigh	20	Somerset	47
Berks	21	Delaware	14	Luzerne	58	Sullivan	54
Blair	36	Elk	32	Lycoming	24	Susquehanna	60
Bradford	30	Erie	39	McKean	51	Tioga	27
Bucks	5	Fayette	66	Mercer	38	Union	9
Butler	6	Forest	65	Mifflin	46	Venango	49
Cambria	55	Franklin	33	Monroe	48	Warren	43
Cameron	64	Fulton	56	Montgomery	2	Washington	18
Carbon	62	Greene	63	Montour	7	Wayne	22
Centre	3	Huntingdon	45	Northampton	12	Westmoreland	13
Chester	1	Indiana	23	Northumberland	50	Wyoming	61
Clarion	31	Jefferson	57	Perry	25	York	17
Clearfield	35	Juniata	19	Philadelphia	67		

Summary Health Outcomes & Health Factors Rankings

Counties receive two ranks:

- Health Outcomes
- Health Factors

Each of these ranks represents a weighted summary of a number of measures.

Health outcomes represent how healthy a county is while health factors represent what influences the health of the county.

Rank	Health Outcomes	Rank	Health Factors
1	Union	1	Chester
2	Chester	2	Montgomery
3	Centre	3	Centre
4	Cumberland	4	Cumberland
5	Montgomery	5	Bucks
6	Snyder	6	Butler
7	Juniata	7	Montour
8	Butler	8	Lancaster
9	Lancaster	9	Union
10	Bucks	10	Lebanon
11	Pike	11	Adams
12	Lebanon	12	Northampton
13	Adams	13	Westmoreland
14	Tioga	14	Delaware
15	Franklin	15	Allegheny
16	Berks	16	Snyder
17	Bedford	17	York
18	York	18	Washington
19	Lehigh	19	Juniata
20	Lycoming	20	Lehigh
21	Northampton	21	Berks
22	Clinton	22	Wayne
23	Westmoreland	23	Indiana
24	Clarion	24	Lycoming
25	Huntingdon	25	Perry
26	Bradford	26	Pike
27	Fulton	27	Tioga
28	Montour	28	Columbia
29	Wayne	29	Lackawanna
30	Monroe	30	Bradford
31	Crawford	31	Clarion
32	Indiana	32	Elk
33	Clearfield	33	Franklin
34	Cameron	34	Beaver
35	Northumberland	35	Clearfield
36	Armstrong	36	Blair
37	Washington	37	Dauphin
38	Somerset	38	Mercer
39	Mifflin	39	Erie
40	Allegheny	40	Bedford

Rank	Health Outcomes	Rank	Health Factors
41	Delaware	41	Armstrong
42	Columbia	42	Crawford
43	Beaver	43	Warren
44	Perry	44	Lawrence
45	Venango	45	Huntingdon
46	Warren	46	Mifflin
47	McKean	47	Somerset
48	Mercer	48	Monroe
49	Carbon	49	Venango
50	Erie	50	Northumberland
51	Blair	51	McKean
52	Dauphin	52	Potter
53	Schuylkill	53	Clinton
54	Wyoming	54	Sullivan
55	Susquehanna	55	Cambria
56	Lackawanna	56	Fulton
57	Luzerne	57	Jefferson
58	Lawrence	58	Luzerne
59	Potter	59	Schuylkill
60	Cambria	60	Susquehanna
61	Jefferson	61	Wyoming
62	Elk	62	Carbon
63	Sullivan	63	Greene
64	Greene	64	Cameron
65	Fayette	65	Forest
66	Forest	66	Fayette
67	Philadelphia	67	Philadelphia

2014 County Health Rankings: Measures, Data Sources, and Years of Data

	Measure	Data Source	Years of Data
HEALTH OUTCOMES			
Length of Life	Premature death	National Center for Health Statistics	2008-2010
Quality of Life	Poor or fair health	Behavioral Risk Factor Surveillance System	2006-2012
	Poor physical health days	Behavioral Risk Factor Surveillance System	2006-2012
	Poor mental health days	Behavioral Risk Factor Surveillance System	2006-2012
	Low birthweight	National Center for Health Statistics	2005-2011
HEALTH FACTORS			
HEALTH BEHAVIORS			
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2006-2012
Diet and Exercise	Adult obesity	National Center for Chronic Disease Prevention and Health Promotion	2010
	Food environment index	USDA Food Environment Atlas, Map the Meal Gap	2010-2011
	Physical inactivity	National Center for Chronic Disease Prevention and Health Promotion	2010
	Access to exercise opportunities	OneSource Global Business Browser, Delorme map data, ESRI, & US Census Tigerline Files	2010 & 2012
Alcohol and Drug Use	Excessive drinking	Behavioral Risk Factor Surveillance System	2006-2012
	Alcohol-impaired driving deaths	Fatality Analysis Reporting System	2008-2012
Sexual Activity	Sexually transmitted infections	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB prevention	2011
	Teen births	National Center for Health Statistics	2005-2011
CLINICAL CARE			
Access to Care	Uninsured	Small Area Health Insurance Estimates	2011
	Primary care physicians	HRSA Area Resource File	2011
	Dentists	HRSA Area Resource File	2012
	Mental health providers	CMS, National Provider Identification	2013
Quality of Care	Preventable hospital stays	Medicare/Dartmouth Institute	2011
	Diabetic screening	Medicare/Dartmouth Institute	2011
	Mammography screening	Medicare/Dartmouth Institute	2011
SOCIAL AND ECONOMIC FACTORS			
Education	High school graduation	data.gov, supplemented with National Center for Education Statistics	2010-2011
	Some college	American Community Survey	2008-2012
Employment	Unemployment	Bureau of Labor Statistics	2012
Income	Children in poverty	Small Area Income and Poverty Estimates	2012
Family and Social Support	Inadequate social support	Behavioral Risk Factor Surveillance System	2005-2010
	Children in single-parent households	American Community Survey	2008-2012
Community Safety	Violent crime	Uniform Crime Reporting - FBI	2009-2011
	Injury deaths	CDC WONDER	2006-2010
PHYSICAL ENVIRONMENT			
Air and Water Quality	Air pollution - particulate matter ¹	CDC WONDER	2011
	Drinking water violations	Safe Drinking Water Information System	FY 2012-2013
Housing and Transit	Severe housing problems	HUD, Comprehensive Housing Affordability Strategy	2006-2010
	Driving alone to work	American Community Survey	2008-2012
	Long commute – driving alone	American Community Survey	2008-2012

¹ Not available for AK and HI.

CREDITS

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This publication would not have been possible without the following contributions:

Data

Centers for Disease Control and Prevention: National Center for Health Statistics and Division of Behavioral Surveillance
Dartmouth Institute for Health Policy & Clinical Practice

Research Assistance

Jennifer Buechner
Hyojun Park, MA
Elizabeth Pollock
Jennifer Robinson
Matthew Rodock, MPH
Anne Roubal, MS

Communications and Outreach

Burness Communications
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Forum One, Alexandria, VA

Robert Wood Johnson Foundation

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Joe Marx – Senior Communications Officer

Suggested citation: University of Wisconsin Population Health Institute. *County Health Rankings 2014*.

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